



Sustainable Living

Community Education - for the future

Frugal, simple living choices




Led by Local Government

- Developed since 2001 by a group of councils.
 - Now run by a charitable trust.
 - Focus on the household environment.
- Grown from user info requests, & tested in evening classes.
 - Suits varied adult learners, mostly women.
 - Used by thousands!

A focus on practical skills



Results of learning

- Follow up surveys show action taken includes:
 - Electricity savings, appliance changes.
 - Hot-tank jackets, better ceiling insulation, double glazing plans.
- More composting, smaller rubbish volume.
 - Label reading in stores, packaging affects choices.
 - Garden water efficiencies, more food growing.
 - Fewer toxics, different cleaning methods.

Use of role models

Rubbish-free year




ECO MY FLAT



They have been Sustainable Living course participants

Web delivery

- Programme covers a range of topics.
- Issues and actions addressed briefly in free public section.
- Detailed learning guides as PDF downloads once user is registered. Free password supplied where District Council is a subscriber. (Fee charged to others.)
- Newsletter and planned use of social media.
- Can still be used by tutors for structured courses, but now adapted to self-help groups based on neighbourhoods or workplaces.

Organic gardening popular



The eight topics

- Eco-design for buildings
- Energy efficiency
- Travel choices (for less carbon emissions)
- Waste minimisation
- Food
- Gardening with nature
- Water use and impacts
- Community Resilience

Hands on – group activity



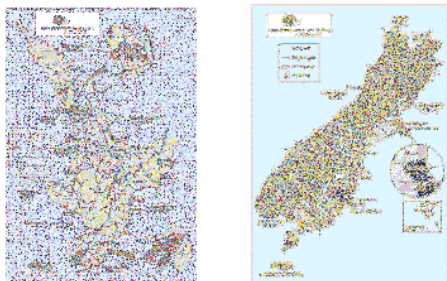
Secondary education link

- Three topics adapted for use with NCEA Achievement Standards at Level 2: Waste, Shopping and Travel. Teacher enquiries to Rhys on 03 693 8726 or email: rhys@sustainableliving.org.nz
- Programme developed for adult community education but provides compatible resource material for secondary teachers alongside Enviroschools, in member council areas.

Current member councils

- Auckland
- Christchurch
- Dunedin
- Nelson
- Tasman
- Marlborough
- Timaru
- Central Otago
- Waimakariri
- Hutt City

Many potential members



Seeking members in 2014

- **Next, we shall be approaching:**
- Kapiti Coast
- Porirua
- Wellington
- Upper Hutt
- New Plymouth
- Tauranga
- Napier & Hastings
- Hamilton
- Invercargill
- Selwyn

See the website & respond

- Editorially independent, non-commercial information. Peer reviewed (and more reviewers welcomed).
- Trust is not now central government funded (but had help during early development from NZ Ministry for Environment).
- Comment and requests welcomed, to improve site and learning guides. rhys@sustainableliving.org.nz
- Help sought to interest more councils in subscribing, so that availability can be widened.

Take a look this week!



www.sustainableliving.org.nz